



Parent News from Armstrong Elementary

Main: 651-425-4100

Attendance: 651-425-4106

Website: aes.sowashco.org

School hours: 8:40 a.m. - 3:10 p.m.

October 8, 2020

Fall Picture Day

We have set dates for the Armstrong fall school pictures as the following:

- Tuesday, October 27 – Group B students – during school day
- Tuesday, October 27 – VLA students – 3:30 pm to 6:30 pm
- Wednesday, October 28 – Group A students – during school day

Our district is using Jostens this year for school photos and yearbooks. All ordering will take place online. All photos will be taken in the school gym.

Parents of VLA students – no appointment will be necessary. Please park in the bus lot on the north side of the building and come to door #10. Parents will be asked to wait outside while the student is brought in for their picture. Please remember to wear masks and keep distance between you and other families. Thank you.

Re-Take Dates:

- Wednesday, November 11 – Group A students – during school day
- Thursday, November 12 – Group B students – during school day
- Thursday, November 12 – VLA students – 3:30 pm to 6:30 pm

Our Event Code: FE70920

More info can be found on the Armstrong website at [Fall School Pictures at Armstrong Elementary](#)

Virtual Learner Families: Library Book Checkout

Virtual Learner Academy (VLA) Families:

We are excited to offer Curbside Book Checkout for our Armstrong VLA students! If you would like to check out books from our Armstrong Library, visit our website for directions and a tutorial video:

[VLA Book Checkout for Armstrong Elementary](#)

If you have any questions, please email Mrs. Sorenson at asorenso1@sowashco.org. Happy Reading!

Winter Clothing Assistance

SoWashCo CARES is working again this year to provide families with winter gear (coats, mittens, boots, etc). If your family is in need, please complete the form at this link on our Armstrong website. Please return the completed form to the office at Armstrong by Friday, October 23rd.

[Winter Clothing Help Opt In](#)

Parent/Teacher Conferences

Fall Parent/Teacher conferences will be held virtually in November. Teachers will be sending out more information with specific dates and times.

Get Tested for COVID-19

~~Friday, October 9 (FULL)~~

Wednesday, October 14

11:00 a.m. – 2:00 p.m.

Cottage Grove Fire Station 4

8500 95th St S

Cottage Grove, MN 55016

- Open to everyone
- Symptoms or no symptoms
- Free, no insurance needed

Schedule an appointment: <https://www.primarybio.com/r/washington>

If you are not able to sign up online, or need a translator, call 651-430-6655 for assistance. (Mon-Fri, 8 a.m. – 4:30 p.m.)

Sponsored by: City of Cottage Grove, Washington County, SoWashCo Schools

A copy of the flyer for this testing can be found at [Covid Testing Event Flyer](#)

Important Health & Safety Message for Armstrong Families

At the beginning of the school year, South Washington County Schools communicated its expectations that safety is a shared responsibility. Staff, students and families play an important role in helping our schools stay open as long and as safely as possible.

Our school nurses and health staff are the health experts. They follow all guidance and rules related to student illness during COVID-19, including when students should be sent home from school. Our health office staff will help determine how long a student should be out of school in consultation with MDH and based on the following criteria:

If students have **ONE of the symptoms** listed below, they will need to stay home for 24 hours after the symptom has improved.

- Sore throat
- Nausea
- Vomiting
- Diarrhea
- Chills
- Muscle pain
- Excessive fatigue
- New onset of severe headache
- New onset of nasal congestion or runny nose

If students have **ONE or more of the symptoms** listed below, they will be excluded from school (at least 10 days without medical diagnosis) and recommended to see a medical provider to be evaluated for COVID-19.

- Temperature of 100.4 F (38 C) or above
- New onset and/or worsening cough
- Difficulty breathing
- New loss of sense of taste and/or smell

If students have **TWO or more of the symptoms** listed below, they will be excluded from school (at least 10 days without medical diagnosis) and recommended to see a medical provider to be evaluated for COVID-19.

- Sore throat
- Nausea
- Vomiting
- Diarrhea
- Chills
- Muscle pain
- Excessive fatigue
- New onset of severe headache
- New onset of nasal congestion or runny nose

Please note that if your child has symptoms similar to COVID-19, they may return to school 24 hours after symptoms improve if they are evaluated by a health care provider and they receive:

- A negative COVID-19 test result OR
- An alternative diagnosis

If your child becomes sick, you will receive guidance from our school nurse or health office staff. If you or your child need to be tested for COVID-19, please contact your health care provider or visit [this website](#) for testing locations near you.

Essential Care Transportation Update

Reminder: There is no Essential Care on Non-School Days. Coming up: October 15th, 16th, 19th November 3rd

Important transportation update for Wednesday October 14th.

If your child does not ride the school bus on Essential Care days please disregard below.

Next week Wednesday October 14th is a Flex Day! Transportation will follow the routes for a normal A/B day instead of the flex day routes for Essential Care.

Normally Flex day routes are different. Different bus stops, busses, times, etc. This particular Flex Day, Transportation will follow the A/B day routes for getting to/from Essential Care.

A/B/Flex Day District Calendar:

https://sowashco.org/UserFiles/Servers/Server_1217353/File/Calendar/A_B%20Calendar%20Updated%20Sept.24.pdf

Upcoming Events

- **Wednesday, October 14, 2020 – PreK ONLY – Distance Learning Day**
- **Thursday, October 15, 2020 – NO SCHOOL, MEA**
- **Friday, October 16, 2020 – NO SCHOOL, MEA**
- **Monday, October 19, 2020 – NO SCHOOL PreK and Knd thru Gr 5, Teacher Work Day**
- **Tuesday, October 27, 2020 - Fall Picture Day 1 (Group B students during school day) (VLA students from 3:30-6:30 pm – no appt necessary)**
- **Wednesday, October 28, 2020 – Fall Picture Day 2 (Group A students during school day)**
- **October 28 through November 10, 2020 – VIRTUAL Fall Scholastic Book Fair**