



Parent News from Armstrong Elementary

Main: 651-425-4100

Attendance: 651-425-4106

Website: aes.sowashco.org

School hours: 8:40 a.m. - 3:10 p.m.

October 1, 2020

Important Health & Safety Message for Armstrong Families

At the beginning of the school year, South Washington County Schools communicated its expectations that safety is a shared responsibility. Staff, students and families play an important role in helping our schools stay open as long and as safely as possible.

Our school nurses and health staff are the health experts. They follow all guidance and rules related to student illness during COVID-19, including when students should be sent home from school. Our health office staff will help determine how long a student should be out of school in consultation with MDH and based on the following criteria:

If students have **ONE of the symptoms** listed below, they will need to stay home for 24 hours after the symptom has improved.

- Sore throat
- Nausea
- Vomiting
- Diarrhea
- Chills
- Muscle pain
- Excessive fatigue
- New onset of severe headache
- New onset of nasal congestion or runny nose

If students have **ONE or more of the symptoms** listed below, they will be excluded from school (at least 10 days without medical diagnosis) and recommended to see a medical provider to be evaluated for COVID-19.

- Temperature of 100.4 F (38 C) or above
- New onset and/or worsening cough
- Difficulty breathing
- New loss of sense of taste and/or smell

If students have **TWO or more of the symptoms** listed below, they will be excluded from school (at least 10 days without medical diagnosis) and recommended to see a medical provider to be evaluated for COVID-19.

- Sore throat
- Nausea
- Vomiting
- Diarrhea
- Chills
- Muscle pain
- Excessive fatigue
- New onset of severe headache
- New onset of nasal congestion or runny nose

Please note that if your child has symptoms similar to COVID-19, they may return to school 24 hours after symptoms improve if they are evaluated by a health care provider and they receive:

- A negative COVID-19 test result OR
- An alternative diagnosis

If your child becomes sick, you will receive guidance from our school nurse or health office staff. If you or your child need to be tested for COVID-19, please contact your health care provider or visit [this website](#) for testing locations near you.

Parent Reminders

When dropping off or picking up a student before & after school:

- **Please do not drop off students in the morning before 8:25 am**
- Staff will be outside to bring your child/ren to class
- If you're running late and staff have gone inside, please buzz the buzzer for the office staff and we will walk your child to class.

When dropping off an item for your child please use the table outside the office:

- Put your child's name & teacher on a sticky note and attach it to the item
- Knock on the office window or buzz the door buzzer to let us know an item is out there
- We will deliver the item to your child.

When picking up your student early for an appointment:

- Let your child's teacher AND the office know ahead of time the date & time (either by note sent in, email or a phone call)
- When you arrive buzz the door buzzer outside the office to let us know who you are picking up and wait in the vestibule area.
- We will call your student down to meet you in the vestibule area.

Thank you!

Virtual Learner Families: Library Book Checkout

Virtual Learner Academy (VLA) Families:

We are excited to offer Curbside Book Checkout for our Armstrong VLA students! If you would like to check out books from our Armstrong Library, visit our website for directions and a tutorial video:

[VLA Book Checkout for Armstrong Elementary](#)

If you have any questions, please email Mrs. Sorenson at asorenso1@sowashco.org.

Happy Reading!

Family Technology Support Phone Line 651-425-HELP (4357)

South Washington County Schools (SoWashCo) has started a new **family technology support phone line at 651-425-HELP (4357)**. Standard phone line hours are Monday through Friday from 7:30 a.m. to 4 p.m. You can leave a voicemail at any time with your child's name, the school they attend and a call back number, and someone will return your call.

Fall Picture Day

We have set dates for the Armstrong fall school pictures as the following:

- Tuesday, October 27 – Group B students – during school day
- Tuesday, October 27 – VLA students – 3:30 pm to 6:30 pm
- Wednesday, October 28 – Group A students – during school day

Our district is using Jostens this year for school photos and yearbooks. All ordering will take place online.

All photos will be taken in the school gym. Parents of VLA students – more info to come for the evening picture process.

Re-Take Dates:

- Wednesday, November 11 – Group A students – during school day
- Thursday, November 12 – Group B students – during school day
- Thursday, November 12 – VLA students – 3:30 pm to 6:30 pm

Our Event Code: FE70920

More info can be found on the Armstrong website at [Fall School Pictures at Armstrong Elementary](#)

Upcoming Events

- **Wednesday, October 14, 2020 – PreK ONLY – Distance Learning Day**
- **Thursday, October 15, 2020 – NO SCHOOL, MEA**
- **Friday, October 16, 2020 – NO SCHOOL, MEA**
- **Monday, October 19, 2020 – NO SCHOOL PreK and Knd thru Gr 5, Teacher Work Day**
- **Tuesday, October 27, 2020 - Fall Picture Day 1**
- **Wednesday, October 28, 2020 – Fall Picture Day 2**
- **October 28 through November 10, 2020 – VIRTUAL Fall Scholastic Book Fair**